

Please contact the organiser for more information.

Monday	10-11.30am	Rainbows Toddlers - Mother and Toddler	Billingshurst Family Church: 01403 786706
	12 Noon - 3pm	Seniors Lunch Club - Fortnightly	Sandy Duck: 01403 786146
	1 - 1.45pm	Beginners Pilates	Helen Heinrich: 01403 265574
	5pm - 8.00pm	Sandra Wilson Dance & Performing Arts School for children aged 3 - 16	Sandra Wilson: 07817 644652
Tuesday	9.30 - 11am	Billingshurst Table Tennis Club	Gill Harding: 01403 785900
	10am -1pm	WISH - Work, Information and Support Hub	Richard: 07783 222956
	12-2pm	Neighbourhood Warden drop-in session	Barry Faust: 07795 051516
			Glyn Thomas: 07795 051529
	2 - 4pm	Short Mat Bowls	Joan Homewood 01403 785082
	4.45 - 5.45pm	Dodge Ball	Carl Petros: 07946 468256
	5 - 7.30pm	Weightwatchers (arrive between 5 & 6.30pm)	Dawn Ford: 01403 711193
	6 - 7.00pm	Pilates - Beginner/Improver	Helen Heinrich: 01403 265574
Wednesday	7.15 - 8pm	Fitsteps	Helen Heinrich: 01403 265574
	9.15 -10.00am	Pilates - Beginners/Improvers	Helen Heinrich: 01403 265574
	10.15 -11.00am	Pilates - Beginners	Helen Heinrich: 01403 265574
	11.15am - 12.15pm	Easy Aerobics	Helen Heinrich: 01403 265574
	3.30 - 5.30pm	Messy Church (monthly, for children aged 4-11)	Billingshurst Family Church: 01403 786706
	6.15 - 7pm	Easy Aerobics with Helen	Helen Heinrich: 01403 265574
Thursday	7.45 - 8.45pm	PIP YOGA - Yoga for beginners	Pip Jackson: 07779322110
	10am - 12 Noon	Probus (2nd Thurs. of the month)	Alan Galer: 01403 780339
	2.30pm - 4.30 pm	Women's Insitute(2nd Thurs. of the month)	Secretary - 01403 780810
	3pm - 4.30pm	Sing For Pleasure(4th Thurs. of the month)	Just turn up
	5.00 - 7pm	Sama Karate	Head Office: 01903 537272
	7.30 - 8.30pm	Zumba Dance - Exercise Class	Lucinda Kingston: 07527 920401
Friday	7pm - 9pm	Local History Society (2nd Thurs. of the month)	Roger Lusted: 01403 782212
	9.30 - 10.30am	Pilates - Beginner/Improver	Helen Heinrich: 01403 265574
	11am - 12 Noon	Lifestyle Fitness - exercise for mature folk!	Pam Wilson: 01403 822028
	2pm - 3pm	Tai Chi	Paul Elliott: 01403 218327
	7pm - 10.30pm	Monthly Film Nights in aid of MacMillan	Terri Ashpool: 01403 588996
Saturday	8pm - 10.30pm	Monthly Live Music Nights	Norma Sullivan: 07778 415455
	9.30 - 10.30am	Irish Dance classes	dempseyirishdance@gmail.com
	10am -12 Noon	Crafty Snippets - fortnightly Adult Craft Classes	Denise Richmond: 01403 784674
Sunday	10am - 12 Noon	Billingshurst Family Church - Weekly Worship	Billingshurst Family Church: 01403 786706